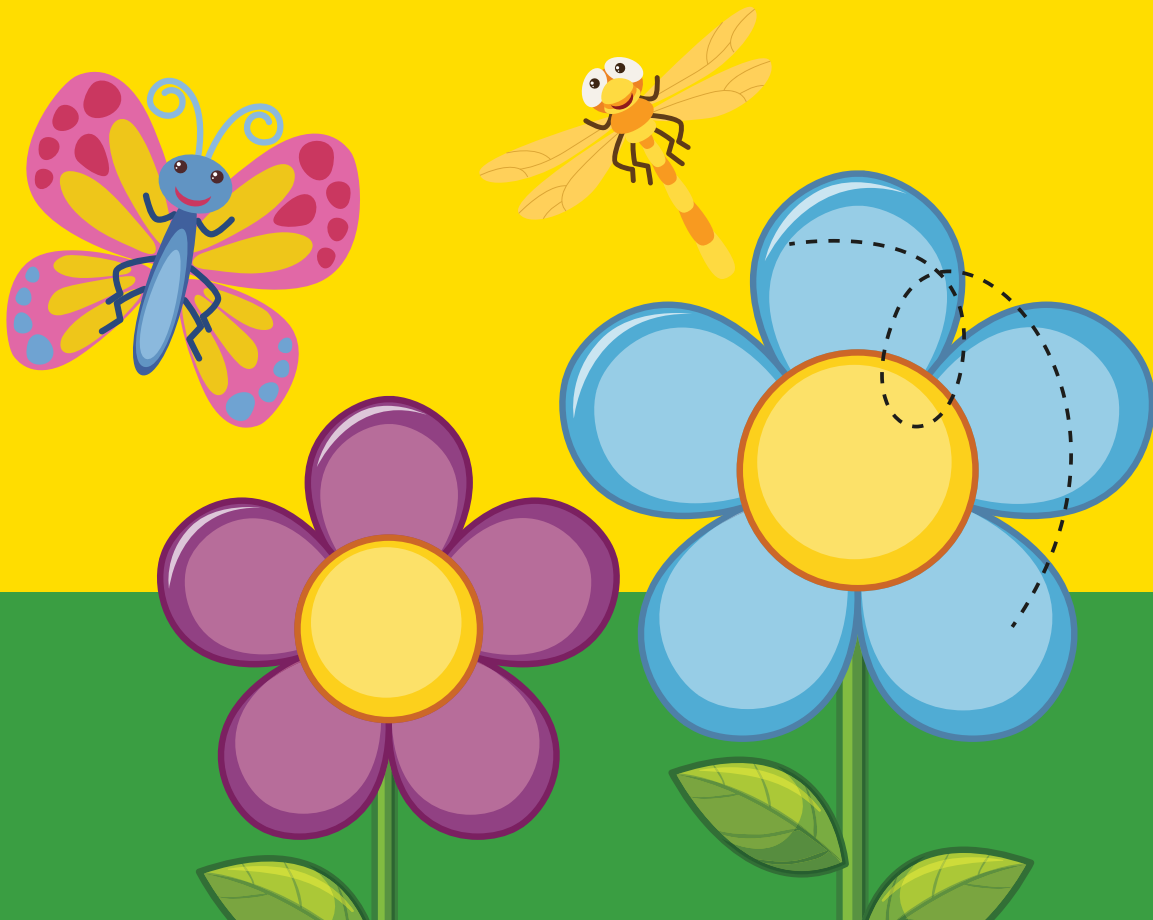




LEARN & PLAY

ACTIVITIES



WOODLAND ADVENTURES



Woodland Adventures with Monkey Puzzle

If you go down in the woods today, you're sure of a big surprise, if you go down in the woods today you'd better go in disguise! **Take a look at our 7 woodland/garden adventures below- is this something you can do as part of your hours daily exercise?**

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1

Can you spot any nests on your walk? Download and print this free bird book which you can use in your garden or on your daily walk - <https://buggyandbuddy.com/free-printable-bird-book-for-birding-with-kids/>

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2

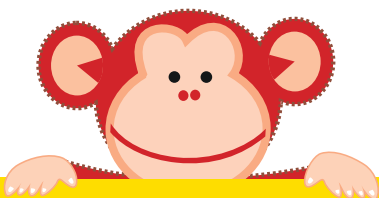
Can you write your name with nature's materials such as leaves, flowers and twigs?



3

There is nothing like a daisy chain to brighten your day. Look for some daisies with thick, long stems and put a finger nail slit in the middle of the stem. You can then push through the next daisy stem and continue to repeat these steps until you have made a daisy chain. **Why not try and make a bracelet?**

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4

For babies and younger children, why not create a nature sensory basket full of different textures and smells for them to explore. Examples could be pine cones, leaves, twigs etc.

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5

Did you know you can make paint brushes from nature?

Why not see what materials you can find outside to paint some artwork with different textures and shapes.

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6

What insects and animals can you find?

Do you know what they are called and what noises they make?



7

With the leaves that you find on your walk or in your garden, put them under a sheet of paper and gently rub a crayon over the area of paper where the leaf is, does this outline the leaf on the paper?

